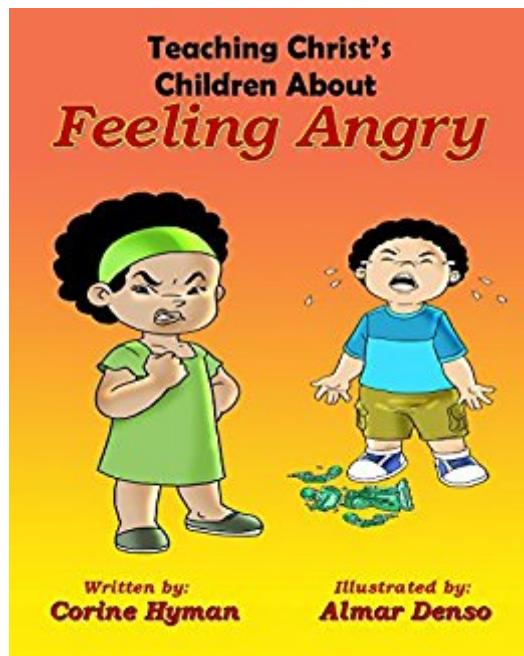


The book was found

# Teaching Christ's Children About Feeling Angry



## **Synopsis**

Does your child have trouble expressing their anger? Do they call names when angry or hit when mad? Teaching Christâ™s Children about Feeling Angry helps children understand and manage the difficult emotion of anger from a biblical perspective. Once again, Corine Hyman breaks down what the Bible says in a way that children can understand. Like all of Corineâ™s books, Teaching Christâ™s Children about Feeling Angry is designed to speak directly to the child, and acts as a discussion starter for children and adults to use together.

## **Book Information**

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## **Customer Reviews**

\*This was requested for me to review by the author in exchange for an honest review\*I do love the way this story teaches children that anger is a normal and natural feeling, but it needs to be controlled. Each page has a nice illustration and has a scripture from the New Living Translation Bible to go along with the thought. The writing is on a child's level, which makes it easy to relate to

and I thought it was done in a way that can open up great discussions between a parent and a child. I am Christian, but I use a different translation of the Bible. I do think this is a great way to help a child learn to control feelings in a way that Christ would do, as we are all God's children and need to be treated as such. There are some scriptures listed at the end of the book that would be good for a family to memorize. I think those could be helpful for a child who struggles with anger, to help remind him or her the value of self-control.

In a world where the actions of angry children are being justified by ill-equipped parents, it's refreshing to find a resource such as *Teaching Christ's Children about Being Angry*. Within these pages parents and young readers are exposed to multiple truths about what anger is, its natural origin and how to cope with it from a biblical standard. The illustrations coupled with a variety of life applications and bible scripture to support the truth, are on point. Dr. Hyman is to be commended for writing this much needed book. This simple yet profound work will be a valuable tool for parents and teachers for years to come. Reviewed by / Dr. Linda F. BeedFor On Assignment Reviews

*Teaching Christ's Children About Feeling Angry* is a beautifully illustrated book for children and an excellent resource for teachers, counselors and parents to teach and counsel elementary age children about angry feelings. It explains in a way that children can easily understand that God gave us all of our feelings, including anger; therefore anger is not bad and has a purpose. Children learn how to recognize angry feelings and to understand the source of their anger. They learn strategies to control and express their angry feelings appropriately, as well as how to respond when someone is angry with them. I appreciate the inclusion of how to relate to angry people and when it is okay to get away. Sometimes angry feelings let them know they are in danger and what they should do about it. The main character, Tay is easy for children to relate to as she tells how she has felt anger and the consequences of expressing her anger in ways that are unacceptable. She then learns what the Bible has to say about anger, and she is given tools for controlling her anger. Scripture references are included throughout this biblically based book. I recently taught from *Teaching Christ's Children About Feeling Angry* using the teaching guide available as a free resource on the author's website

(<http://www.booksbycorine.com/blog/teaching-christs-children-about-feeling-angry-a-review-and-teachers-guide>) to teach a group of elementary age children. The guide was well-thought-out and easy to use making the lesson prep a snap. Following the warm-up of having the children sing a song

they all know, we sang Twinkle Twinkle Little Star, three children volunteered to come up and sing the song as if they were really angry. They were competing to see who could show the most anger, prizes were awarded. It was a great lead-in to the reading and teaching as the children used their voices and body language to express their pretend anger. As the children heard Tay's story, they naturally wanted and needed to share their stories of times when they felt angry and what happened. It was important for each child to have the opportunity to share as it made the teaching portion more relevant to them. For this reason, I recommend teaching to small groups of children, ideally, less than ten. In conclusion, they all voted on what strategies they liked best and were given the assignment of trying at least one strategy during the coming month. I am looking forward to hearing their stories next month. This is an important teaching for all children and I recommend it without reservation.

This is a great Christian children's book, and it models how to confront feelings of anger in a healthy and practical way while maintaining a Christ-like attitude. Throughout the book, Hyman also incorporates Scripture verses to further illustrate how to respond to anger. The situations that make Tay feel angry are ones that children will easily be able to relate to. This is an excellent story for parents and children to read together. It teaches an important lesson, and the drawings look cute, too!

Corine Hyman teaches children how to deal with the very normal emotion, anger. This book explores common situations that children face everyday like sharing, hitting and sibling rivalry. "Teaching Christ's Children about Feeling Angry" is a tool that a child can use to assist them in making better choices in dealing with these situations. This book also assures children that what they are feeling is normal, yet there is better ways to deal with anger than through physical contact. This is a great book for school age children. My five year old son has difficulty controlling his anger. We read this book together, thinking of examples where he has hit while angry and how the options discussed in this book would create a better outcomes.

I truly enjoyed reading this book to my children. It is written from a child's point of view and the feelings the main character displayed immediately connected to my own 7 and 5 yr old. I also liked how the book validated the feelings of anger that every child experiences, but also gave helpful suggestions for dealing with anger. This is a book that I plan to read to my children again and again, and I know that the message of the book will help them learn to deal with their anger in appropriate

ways.

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